



SPRING MENU

WEEK 3

MON

TUES

WED

THURS

FRI

MAIN

CHICKEN TIKKA MASALA & WHOLEGRAIN PILAU RICE (CE, G*, MK)

CLASSIC LOADED CHEESEBURGR, BURGER SAUCE & PICKLES (E, G, MK, MU, SE*, SU, SO)

SAUSAGE, MASH & ONION GRAVY (CE, G, MK, MU*, SO)

JERK CHICKEN WITH WHOLEGRAIN RICE & PEAS

FISH & CHIPS WITH FRESH MINTED MUSHY PEAS & HOMEMADE TARTARE SAUCE (E, F, G, MU, SU)

VEGGIE

SWEET POTATO & SPINACH TARKA DAAL WITH NAAN BREAD (CE, G, MK)

VEGAN VEGGIE KOFTA WITH CHILLI SAUCE & SALAD (G)

ONION BHAJI NAAN BREAD WIT MINT YOGHURT & PICKLED RED ONION (CE*, G, MK, MU*, SE*, SU*)

CARRIBEAN VEGETABLE CURRY WITH WHOLEGRAIN RICE & PEAS (CE, G*)

FIRE ROASTED VEGETABLE NACHOS, SMOKEY GARLIC MAYO & BURNT LIME (E, G*, MK, MU)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD

SELECTION OF COLD DESSERTS - SERVED DAILY



STREET

WHOLEMEAL TOMATO & BASIL PASTA (CE, G)

WHOLEMEAL MAC & CHEESE (G, MK)

WHOLEMEAL ROASTED VEGETABLE & TOMATO PASTA (G)

BBQ CHICKEN GYROS, TOASTED PITTA, GARLIC YOGHURT & CRUNCHY SALAD (G, MK)

BBQ CHICKEN LEG & CHIPS

MEAL DEAL

Theme Days



ALLERGENS KEY...

CE - CELERY
CR - CRUSTACEAN
E - EGGS

F - FISH
G - CEREALS CONTAINING GLUTEN
L - LUPIN

MK - MILK
MO - MOLLUSCS
MU - MUSTARD

N - NUTS
P - PEANUTS
SE - SESAME SEEDS

SO - SOYA
SU - SULPHUR DIOXIDE
* - MAY CONTAIN